

FAQ- Swim Department

Which class should I put my child in? – Children who are able to be in class independently from their parents should be enrolled in either a Dolphin level class or a Shark level class based on age and ability. To ensure that your child is placed into the appropriate level class, please sign up for a free evaluation to have our staff determine which class will be best suited for your child.

How long are the classes? – The Minnow and Me, Dolphin, and Shark classes are all 30 minutes long. Swim Team Prep is one hour long.

How many kids are in a class? – In the Dolphin 1 through Dolphin 3 classes, there is a maximum of 4 students to each instructor. Dolphin 4 classes can allow 5 students to each instructor. In the Shark 1 classes, there is a maximum of 4 students to each instructor. Shark 2 thru Shark 4 can allow 5 students to each instructor. Minnow and Me classes have a maximum of 8 students to each instructor, however parent participation is required. Swim Team Prep allows a maximum of 10 students in the class.

What all do I need to bring to my child's swimming lesson? – All swimmers should bring their own pair of goggles, swim suit and towel. Swim caps are not required, but are encouraged.

Where can I buy goggles? – We sell goggles here at America's Best Kids. We highly encourage purchasing goggles that have a double strap and anti-fog protective coating. The Finis H2 Jr. is a great fit for most swimmers.

If we miss a class, how can I make it up? – If your child is going to miss a class, we must be notified prior to the absence. Upon request, an Open Swim Pass will be issued. (We are unable to allow students to join other classes to make up absences due to the fact that we must keep our classes in an appropriate ratio for the safety of all swimmers.) Open Swim Passes are good for 30 days after your child's absence.

Are your instructors certified lifeguards? – Yes. All Senior Instructors are certified lifeguards.

Is there chlorine in your pool even if it's a saline pool? – Yes. Even though we use salt in our pool for filtration, there is still chlorine in the water. When the salt is added to the water, the salt breaks down into a naturally occurring form of chlorine.